



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

File Home Insert Design Slide Show Review View Help

Start From Beginning (F5)
Start the show from the first slide.

Slide Show
Resume Slide Show

Clipboard Slides Paragraph Drawing Editing Voice Designer

- 1 MENTAL HEALTH
- 2 INTRODUCTION
- 3
- 4
- 5 ACCESS TO MY SERVICES
- 6 OPTIMAL USE OF MY SERVICES

MENTAL HEALTH

NCDAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder [Tunawiri](#)

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

Clipboard Slides Paragraph Drawing Editing Voice Designer

Slide Show Resume Slide Show

Find Replace Select Dictate Design Ideas

- 1 MENTAL HEALTH
- 2 INTRODUCTION
- 3
- 4
- 5 ACCESS TO MY SERVICES
- 6 OPTIMAL USE OF MY SERVICES

MENTAL HEALTH

NCDAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Collapse the Ribbon (Ctrl+F1)
Need a bit more space? Collapse the ribbon so only the tab names show.

Click to add notes

- 1 MENTAL HEALTH
- 2 INTRODUCTION
- 3
- 4
- 5 NEEDS TO BE MET
- 6

Slide Show x
Resume Slide Show

MENTAL HEALTH

NCDAAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCDAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

- 1 MENTAL HEALTH
- 2 INTRODUCTION
- 3
- 4
- 5 ACCESS TO MH SERVICES
- 6 OPTIMAL USE OF MH SERVICES
- 7



MENTAL HEALTH

NCDAAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

Start From Beginning (F5)
Start the show from the first slide.

- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCDAC MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri



MENTAL HEALTH

NCDAC MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri



MENTAL HEALTH

NCDAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCDAAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCDAAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri



Slide Show [x]
Resume Slide Show

MENTAL HEALTH

NCDAAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

Start From Beginning (F5)
Start the show from the first slide.

Slide Show
Resume Slide Show

- 1 MENTAL HEALTH
- 2 INTRODUCTION
- 3
- 4
- 5 ACCESS TO MH SERVICES
- 6 OPTIMAL USE OF MH SERVICES
- 7

MENTAL HEALTH

NCDAAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCDAAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri



MENTAL HEALTH

NCDAAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri



Slide Show [x]
Resume Slide Show

MENTAL HEALTH

NCDAAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri



MENTAL HEALTH

NCDAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri



Slide Show ▾ ×
 Resume Slide Show

MENTAL HEALTH

NCDAAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



MENTAL HEALTH

NCKDAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.

- 1
- 2
- 3
- 4
- 5
- 6
- 7

Slide Show ▼ ✕
 Resume Slide Show

MENTAL HEALTH

NCDAAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.



MENTAL HEALTH

NCDAAK MEDIA TRAINING

August 7, 2020

Charity Muturi,
Founder Tunawiri

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.

- 1 MENTAL HEALTH
- 2 INTRODUCTION
- 3
- 4
- 5 ACCESS TO NEW SERVICES
- 6 OPTIMAL USE OF NEW SERVICES
- 7

MENTAL HEALTH

NCDIAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.



Slide Show [x]
Resume Slide Show

MENTAL HEALTH

NCDAAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.



Slide Show ▾ ×
 Resume Slide Show

MENTAL HEALTH

NCDAAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.



MENTAL HEALTH

NCDAC MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.

- 1 MENTAL HEALTH
- 2 INTRODUCTION
- 3
- 4
- 5 ACCESS TO NEW SERVICES
- 6 OPTIMAL USE OF NEW SERVICES
- 7

Slide Show [X]
Resume Slide Show

MENTAL HEALTH

NCDAAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.

- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCDIAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes

INTRODUCTION

- ▶ Mental Health is a state of Wellbeing which an person can cope with the normal stresses of life can work productively and fruitfully, and is able to make a contribution to his or her community (*WHO, 2005*).
- ▶ Mental Illness or disorders refers to a wide range of mental conditions that affect one's mood, thinking and behaviour.
- ▶ Mental Illnesses include schizophrenia, depression, intellectual disabilities, disorders due to drug abuse, depression, psychoses, epilepsy, child & adolescent mental & behavioural disorders, dementia, disorders due to substance use and suicide.

Cont..

1 in 4 people in the world will be affected by mental or neurological disorders at some point in their lives.

- ▶ The Happiness Index is an index used to measure the collective happiness in a nation. (*Musikanski et al., 2017*).

- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCDIAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes

SOCIAL AND OTHER DETERMINANTS OF MENTAL ILL HEALTH

- ▶ Mental health and many common mental conditions are shaped to a great extent by the social, economic, and physical environments in which people live.
- ▶ Factors such as unemployment, poverty, insecurity, gender based violence, low literacy levels, deprivation and homelessness, poor working conditions and other social inequality and disparities contribute significantly to the mental ill health of Kenyans.

Cont..

1 in 4 people in the world will be affected by mental or neurological disorders at some point in their lives.

- ▶ The Happiness Index is an index used to measure the collective happiness in a nation. (*Musikanski et al., 2017*).

- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCD AK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes

Cont..

1 in 4 people in the world will be affected by mental or neurological disorders at some point in their lives.

- ▶ The Happiness Index is an index used to measure the collective happiness in a nation. (*Musikanski et al., 2017*).

- 1 **MENTAL HEALTH**
- 2 INTRODUCTION
- 3
- 4
- 5 ACCESS TO NEW SERVICES
- 6 OPTIMAL USE OF NEW SERVICES
- 7

MENTAL HEALTH

NCDIAK MEDIA TRAINING
August 7, 2020
Charity Muturi,
Founder Tunawiri

Click to add notes

Cont..

1 in 4 people in the world will be affected by mental or neurological disorders at some point in their lives.

- ▶ The Happiness Index is an index used to measure the collective happiness in a nation. (*Musikanski et al., 2017*).

- 1 **MENTAL HEALTH**
- 2 INTRODUCTION
- 3
- 4
- 5 ACCESS TO NEW SERVICES
- 6 OPTIMAL USE OF NEW SERVICES
- 7

MENTAL HEALTH

NCDIAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes

SOCIAL AND OTHER DETERMINANTS OF MENTAL ILL HEALTH

- ▶ Mental health and many common mental conditions are shaped to a great extent by the social, economic, and physical environments in which people live.
- ▶ Factors such as unemployment, poverty, insecurity, gender based violence, low literacy levels, deprivation and homelessness, poor working conditions and other social inequality and disparities contribute significantly to the mental ill health of Kenyans.



- 1
- 2
- 3
- 4
- 5
- 6
- 7

MENTAL HEALTH

NCDIAK MEDIA TRAINING
 August 7, 2020
 Charity Muturi,
 Founder Tunawiri

Click to add notes



SOCIAL AND OTHER DETERMINANTS OF MENTAL ILL HEALTH

- ▶ Mental health and many common mental conditions are shaped to a great extent by the social, economic, and physical environments in which people live.
- ▶ Factors such as unemployment, poverty, insecurity, gender based violence, low literacy levels, deprivation and homelessness, poor working conditions and other social inequality and disparities contribute significantly to the mental ill health of Kenyans.

File Home Insert Design Transitions Animations Slide Show Review View Help Shape Format Share Comments

Paste New Slide Section Layout Reset

Clipboard Slides

Calibri 18+ A A

B I U S AV Aa

Font Paragraph

Shape Fill Shape Outline Shape Effects

Find Replace Select

Dictate Design Ideas

Voice Designer

1

2

3

4

5

6

Click to add notes

SOCIAL AND OTHER DETERMINANTS OF MENTAL ILL HEALTH

- ▶ Mental health and many common mental conditions are shaped to a great extent by the social, economic, and physical environments in which people live.
- ▶ Factors such as unemployment, poverty, insecurity, gender based violence, low literacy levels, deprivation and homelessness, poor working conditions and other social inequality and disparities contribute significantly to the mental ill health of Kenyans.

Slide 4 of 11

Notes

Type here to search

10:25 AM 8/7/2020

SOCIAL AND OTHER DETERMINANTS OF MENTAL ILL HEALTH

- ▶ Mental health and many common mental conditions are shaped to a great extent by the social, economic, and physical environments in which people live.
- ▶ Factors such as unemployment, poverty, insecurity, gender based violence, low literacy levels, deprivation and homelessness, poor working conditions and other social inequality and disparities contribute significantly to the mental ill health of Kenyans.

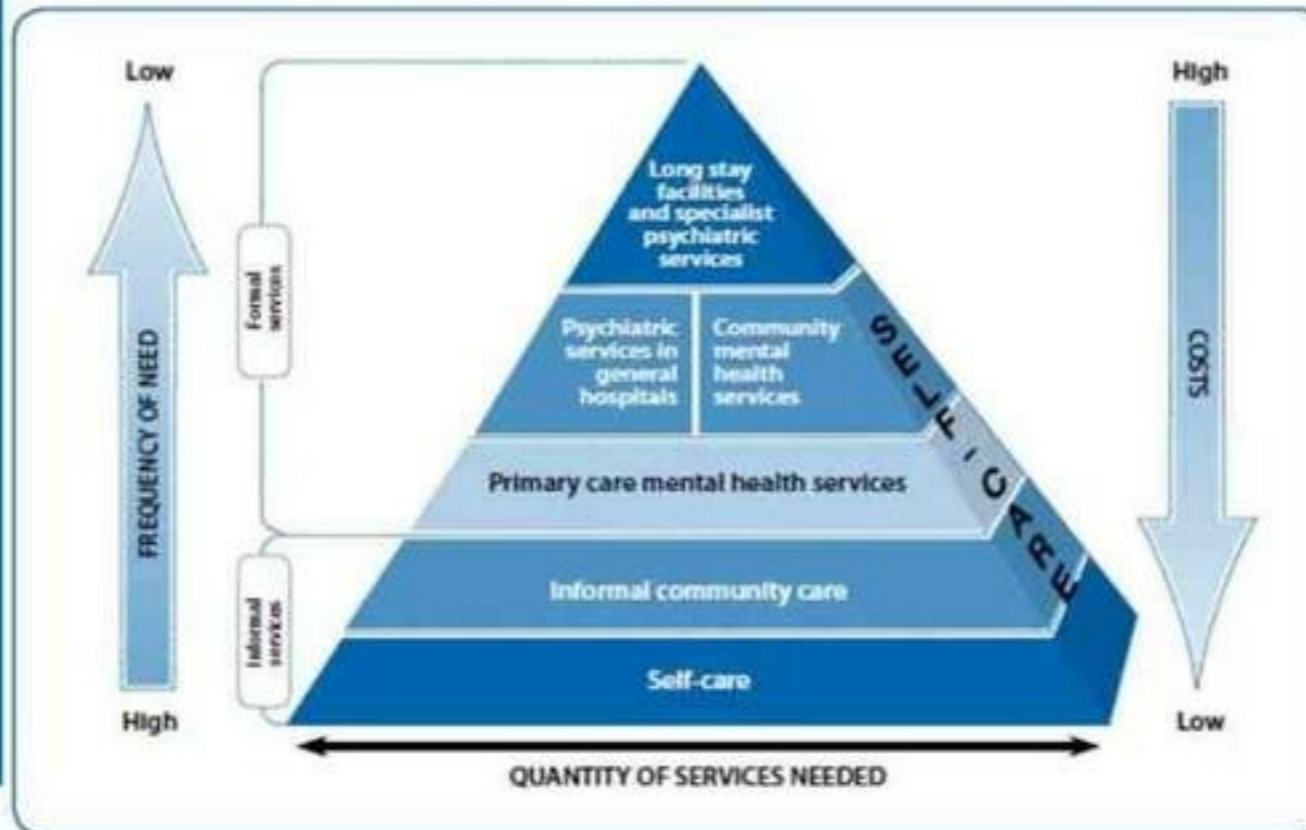
ACCESS TO MH SERVICES

- ▶ ACCESS – quality infrastructure, adequate human resource, health products, equipment and technologies.
 - ▶ Level 4 Facilities – 26 (Many Kenyans are not aware and travel to Mathari NTRH in Nairobi)
 - ▶ 75% of Kenyans are NOT able to access mental health care
- ▶ The only National Referral Mental Hospital is 110 years old & dilapidated. Needs to be rebuilt
- ▶ Implement community mental health services at County level
- ▶ Deployment of human resources i.e multidisciplinary mental health workers
- ▶ KEMSA should fulfil their mandate to provide modern and evidence-informed drugs in the essential drugs medicine list

OPTIMAL MIX OF MH SERVICES

The different levels of WHO model are illustrated in the figure below.

Figure 2: WHO Service Organization Pyramid for an Optimal Mix of Services for Mental Health



MENTAL HEALTH & COVID 19

COVID 19 has highlightd gaps in healthcare – prevention, promotion, management, and aftercare

- ▶ Implementation of MH Taskforce report
- ▶ Integration of Psychosocial support
- ▶ Persons with pre-existing mental health conditions experiencing challenges in accessing healthcare
- ▶ Economic hardship a likely driver for increased mental disorders and suicides in the country and globally

MULTISECTORAL ACCESS TO SERVICES

1. Set up a Mental Wellness and Happiness Commission
2. Declare mental illness a National Emergency of epidemic proportions.
3. Carry out a National Mental Health survey.
4. Creation of Mathari Teaching and Referral Hospital as a specialized institution
5. Implement a multisectoral approach to Mental Health challenges, (similar to that adopted in 1999 against HIV/AIDS).
6. Adequate financing for mental Health (Kshs. 150 per capita per annum).
7. Regulate and license all institutions offering healthcare (including rehabilitation centres) through the Kenya Medical Practitioners and Dentists Council.

MEDIA ASK

WELL DONE

- ▶ Reporting on mental health – keeping it close to the top of our country's health agenda & priority
- ▶ Without expert guidance, you have invested resources the complexity of mental health

AREAS OF IMPROVEMENT

- ▶ Due diligence – truthful, accurate, empowering, equitable and purposeful
- ▶ Do no harm – manage perception and impact
- ▶ Innovative reporting - catalyse change, change status quo eg?
- ▶ Educate! when death by suicide occurs avoid sensationalizing

YOU MATTER TO US! Self-care

TYPES OF SELF-CARE



The Debrief

1. How do you feel?
2. What happened?
3. What did you learn?
4. How does this relate?
5. What if ---?
6. What next?

Kenya Red Cross  **Ministry of Health**

Are you worried?

Do you need somebody to talk to?

Do you need counselling support?

Call 1199 for free Counselling or any necessary referral and linkage for psychosocial support



THANK YOU!





Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor



Q & A

- In slide two.....epilepsy is not a mental health issue however, people living with epilepsy could experience depression due to epilepsy and the worries of getting a seizure and related stigma
- Kindly, elaborating on the difference between mental illness and intellectual disability
- Does genetics contribute to mental health malfunctions?



Q & A

- Other than the structural facilities how are the services at Mathare?
- Could you provide us with the 24 other level 4 hospitals that are an alternative to Mathare?
- What are the stages of mental illness?
- With this information and looking at social and other determinants of mental ill health, means that everyone of us is susceptible to mental ill health?



Click to add title

- Is mental health issue associated with witchcraft? In kwale here many people with mental problems are not taken to health facilities because their families believe that it is out of witchcraft acts
- An addition to Caroline Katana's question, why do you find some places i.e (My Observation) Voi & Mariakani) has more people with Mental Illness's and upon asking some residents it comes SEASONALLY. 🤔



Click to add title

- can we say then inorder to manage or avoid mental ill health is make visitation to counsellors/Psychiatrist for mental health checkups regular just as we do for regular medical checkups?
- What could be causes for mental health in children because there are some children having such condition

Start From Beginning (F5)
Start the show from the first slide.



Q & A

- In slide two.....epilepsy is not a mental health issue however, people living with epilepsy could experience depression due to epilepsy and the worries of getting a seizure and related stigma
- Kindly, elaborating on the difference between mental illness and intellectual disability
- Does genetics contribute to mental health malfunctions?



Q & A

- Other than the structural facilities how are the services at Mathare?
- Could you provide us with the 24 other level 4 hospitals that are an alternative to Mathare?
- What are the stages of mental illness?
- With this information and looking at social and other determinants of mental ill health, means that everyone of us is susceptible to mental ill health?



Click to add title

- Is mental health issue associated with witchcraft? In kwale here many people with mental problems are not taken to health facilities because their families believe that it is out of witchcraft acts
- An addition to Caroline Katana's question, why do you find some places i.e (My Observation) Voi & Mariakani) has more people with Mental Illness's and upon asking some residents it comes SEASONALLY. 🤔



Click to add title

- can we say then inorder to manage or avoid mental ill health is make visitation to counsellors/Psychiatrist for mental health checkups regular just as we do for regular medical checkups?
- What could be causes for mental health in children because there are some children having such condition
- Can a person realize by himself/herself that they are having a mental illness or issue



Click to add title

- can we say then inorder to manage or avoid mental ill health is make visitation to counsellors/Psychiatrist for mental health checkups regular just as we do for regular medical checkups?
- What could be causes for mental health in children because there are some children having such condition
- Can a person realize by himself/herself that they are having a mental illness or issue



Click to add title

- can we say then inorder to manage or avoid mental ill health is make visitation to counsellors/Psychiatrist for mental health checkups regular just as we do for regular medical checkups?
- What could be causes for mental health in children because there are some children having such condition
- Can a person realize by himself/herself that they are having a mental illness or issue
- I didn't get the presenter right. how is mental health associated with witchcraft, is it in terms of causation or perception?



Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor



Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor



Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor
- What are the signs you can observe in a person and tell that they are having a mental illness



Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor
- What are the signs you can observe in a person and tell that they are having a mental illness

Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor
- What are the signs you can observe in a person and tell that they are having a mental illness





Click to add title

- Click to add text

A collection of small, light blue icons arranged in a grid. The icons include a calendar, a bar chart, a document with a checkmark, a globe, a laptop, a magnifying glass, a film strip, and a leaf.

Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor
- What are the signs you can observe in a person and tell that they are having a mental illness



Click to add title

- How can we help to prevent mental health issues in the community since its not easy for people accept professional due to poverty

The main slide area features a light orange background with a white rectangular frame. Inside the frame, there is a large text box at the top containing the placeholder text "Click to add title". Below this, a bulleted list contains one item: "How can we help to prevent mental health issues in the community since its not easy for people accept professional due to poverty". The text in the list item is black and uses a standard sans-serif font.



Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor
- What are the signs you can observe in a person and tell that they are having a mental illness



Click to add title

- How can we help to prevent mental health issues in the community since its not easy for people accept professional due to poverty
- How can we help to prevent mental health issues in the community since its not easy for people accept professional due to poverty

Click to add title

- While intellectual disability include Cerebral palsy, Autism, Epilepsy, down syndrome etcthis category one is born with, either genetic and can be managed and not be healed completely
- We've been advised to say "died by suicide" and not "committed suicide" . How far are we as a country from decriminalizing suicide?
- Do we have adequate qualified personnel in the mental health subsedctor
- What are the signs you can observe in a person and tell that they are having a mental illness

Click to add title

- How can we help to prevent mental health issues in the community since its not easy for people accept professional due to poverty
- How can you help a child who is bed wetting?
- I kindly request charity to elaborate more on self diagnosis of mental illness if we rely on dillusions

(Ctrl) *

